

**TOLSTOY FOUNDATION REHABILITATION AND NURSING CENTER
ACKNOWLEDGEMENT OF TFRNC'S RESTRAINT-FREE POLICY**

It is the policy of TFRNC to ensure that Residents live in environments that are as restraint-free as possible. Residents have the right to live in an environment that is safe, dignified and respectful; the use of restraints can be dehumanizing, invasive, and life-threatening. Because of this, restraints shall only be used for the treatment of medical symptom(s), and never for discipline, convenience or for the prevention of falls. TFRNC will assess risk factors and develop an individualized care plan, addressing safety for Residents at risk for falls, which does not rely on the use of restraints. Safety is a top priority for all of us here at TFRNC, as is the provision of a dignified and respectful living environment.

I have read and understand the above policy.

(Print Name)

(Relationship to Resident)

(Signature)

(Date)

Submit: